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Bangalore Mirror

TEMP Max 28 | Min 20 | Humidity 75% Scattered Thunderstorms Sensex 80,802 | Nifty 24,698 | Gold 72,212 | Silver 85,425 | Dollar 83.76 | Euro 92.94 | GBP 109.05

FULLY CHARGED
Bengaluru has 85% of state's charging stations; K'taka leads the pack in country on electric vehicle infra
PAGE 6

Defunct e-toilets turn health hazard at Vignan Nagar bus stop where BBMP poster blares out precautions to be taken to prevent dengue

E-TOILETS OUT OF MIND, BUT NOT OUT OF SIGHT

Toilets installed 4 years ago became defunct as soon as they were opened to public

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> **What is the use of keeping defunct e-toilets at a public place like BMTC bus stop? The authorities concerned must remove these toilets as there already is a public toilet in the area**
> — Prasanna K, resident of the area

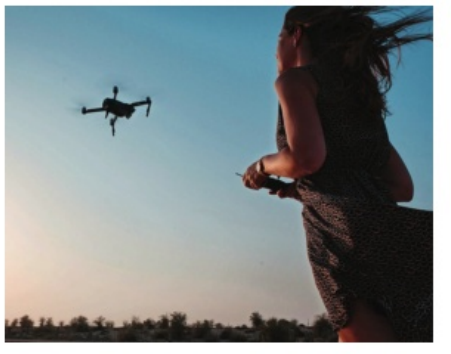
The Bruhat Bengaluru Mahanagara Palike (BBMP) authorities, especially the health department and solid waste management department, have been in the forefront in telling citizens to keep surroundings clean to prevent the spread of dengue in the city. The BBMP authorities are ever enthusiastic to put up banners on the ill-effects of dengue and the measures to be taken to arrest the spike in cases. But when it comes to taking some measures to keep public places clean and neat, the departments lose all their enthusiasm.

Bangalore Mirror found the classic example: At the Vignan Nagar Bus Stop, the BBMP Health Department has put up a banner advising the BMTC commuters to keep their surroundings clean to prevent dengue. However, very close to this poster are two defunct e-toilets that the BBMP health department and solid waste management departments have failed to clear out. These toilets are not only eyesores, but also a breeding

CONTINUED ON PAGE 8 »

Entering Red Zone? Drone do that

Fine of ₹1 Lakh for flying drones near defence establishments



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With the increasing popularity of drones in the city, the Defence Ministry has issued a stern warning that drone owners may face a fine of Rs 1 lakh if their drones are found flying near defence installations. A Defence spokesperson highlighted that drones, once restricted to military and specialised uses, have now gained widespread appeal across all age groups, thanks to rapid technological advancements.

These unmanned aircraft are now commonly used for photography, delivery services, agriculture, and exploring remote areas. However, the growing interest in drone flying has brought with it significant concerns, particularly regarding the lack of awareness about regulations governing their use.

Instances of rule violations have been observed where individuals, either intentionally or unintentionally, have flown drones in restricted zones, posing potential security threats to military bases. To ensure the safe operation of drones, the government has issued detailed guidelines, accessible on the DGCA's Digital Sky (DIGISKY)

CONTINUED ON PAGE 8 »

2 THINGS TO DO

01 Art showcase

Conrad Bengaluru is organising 'An Art Soiree' by Badrunissa Irfan. The curation of paintings on display impresses one with its unvarnished honesty and direct appeal. Centred on the kaleidoscopic images of nature, Irfan's paintings are suffused with vitality and throb with life and energy. Proceeds from this show will be given to charity. **Where: Conrad Bengaluru, Ground Floor When: August 23 to September 23**

02 Dance party

Immerse yourself in a night of euphoric music and unbridled happiness with 'Shut Up and Dance.' Designed to bring pure joy and electrifying energy to Bengaluru's nightlife, this event series promises an unforgettable experience centred around happy vibes, house music, Afro-house, and commercial tunes that will keep you moving all night long. **Where: Sunburn Union, Koramangala; When: August 23, 9 pm**

New lease of life

Former national-level athlete Rakshith Shetty suffered from an unexpected injury that changed his life three years ago. He initially dismissed the pain as a minor sports injury, but it intensified over two years and impacted his emotional well-being. Despite various treatments, including pain medication and physiotherapy, there was no relief. He then sought help from Dr S Vidyadhara, Chairman & HOD of Spine Surgery & Consultant in Robotic Spine Surgery at Manipal Hospital, Old Airport Road. After evaluation, he was diagnosed with Grade 1 Lytic Spondylolisthesis, where his vertebrae had slipped, compressing nerves. He underwent 'Robotic Transforaminal Lumbar Interbody Fusion' surgery on October 16, 2023, and was able to walk within six hours. Dr Vidyadhara said, "The spine is a central support system for the body, and injuries in other areas can often be traced back to spinal issues. Early diagnosis and treatment are essential for recovery." He is now regaining his strength, aiming to return to active sports. — BMB

Floral tribute

Chief Minister Siddaramaiah pays floral tribute to former Chief Minister D Devaraja Urs on the occasion of his 109th birth anniversary at the West Gate of Vidhana Soudha on Tuesday

Sharavathi's surplus to quench B'luru's thirst

Government plans survey on feasibility of drawing Sharavathi water to Bengaluru; experts strongly oppose project

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Aiming to utilise around 40 TMC (thousand million cubic) of excess water at the Sharavathi hydroelectric project, the state government is planning on drawing Linganamakki water to Bengaluru. An official said, "The primary goal is to supply drinking water to Bengaluru and central Karnataka while also replenishing lakes in the region. The project is planning to use the surplus water from the Sharavathi River without disrupting the hydroelectric project's operations and harness this vital river to address Bengaluru's increasing water demand, which the Cauvery River can no longer meet alone."

To reduce costs and expedite the project, the government is planning on utilising existing infrastructure from the Bhadra and Etthinahole projects. The Visvesvaraya Jala Nigama has invited tenders for a feasibility study. Currently, a survey is underway to assess the feasibility of bringing water from the Sharavathi River to Bengaluru. The project includes constructing five tunnels and eight pumping stations. Officials claim that, if successful, this initiative will provide a long-term solution to Bengaluru's water scarcity and benefit nearby districts like Chitradurga, Tumakuru, and Kolar by filling their reservoirs, ensuring a steady water supply for both irrigation and drinking purposes.

File photo of Sharavathi Valley

Need for other sources of water

A senior BWSSB official said that there was a need to explore alternative water sources like the Sharavathi River to meet Bengaluru's growing demand for drinking water. "While Cauvery Stage 5 may provide water until 2026, the city might face shortages thereafter, necessitating water from both Yettinahole and Sharavathi to meet the needs until 2035. Currently, 19 TMC of the allocated 29 TMC of Cauvery water is being drawn, with the fifth stage potentially adding another 10 TMC. Once this limit is reached, no additional Cauvery water can be used, prompting a proposal to augment water from other sources."

A BWSSB official said that despite supplying 1,450 MLD of water daily to Bengaluru, there remains a shortage of 350 to 450 MLD. The BWSSB is addressing this by identifying and rectifying illegal water connections at construction sites and industries. Additionally, 110 MLD of water is set to be provided to western parts of Bengaluru from the Thippagondanahalli reservoir. "However, 1.7 TMC of water needs to be supplied from the Yettinahole project to TG Halli before TG Halli water becomes available to Bengaluru. TG Halli will have an ozonation process to purify drinking water, thereby making Bengaluru the second city after Delhi to implement this technology."

The idea of drawing water from distant sources like Hemavathi and Sharavathi has been proposed by politicians in the past. However, it wasn't implemented, as projects involving pumping water over long distances pose logistical challenges.

Opposition to Sharavathi project

Meanwhile, many intellectuals have written to the state opposing the project. An open letter written by experts stated that the proposal to extract water from the Sharavathi valley, situated 380 km from the capital, poses severe risks not only to the valley itself but also to the ecological integrity of the Western Ghats, as highlighted by numerous experts, including scientists from the Indian Institute of Science. "We strongly oppose this project, which threatens critical biodiversity, vast forest areas, and agricultural lands, including the protected Singalika (Lion-tailed Macaque) sanctuary. The estimated cost of over Rs 12,000 crore of taxpayers' money for this project is both financially and scientifically unjustifiable. The issues seen with the Ettinahole project also suggest a risk of corruption through contractors. Given the recent environmental tragedies in Sirur, Ankola, and Wayanad, it is prudent for the government to explore sustainable alternatives. We recommend focussing on rainwater harvesting and the restoration of lakes and reservoirs in Bengaluru, which could potentially supply over 15 TMC of water."

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Can 736 trees be saved in 10 days?

BBMP's notice on construction for Air Force hospital is confusing due to restricted access and short objection period for input

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A public notice from the Bruhat Bengaluru Mahanagara Palike's (BBMP) Forest Department regarding the removal of 736 trees inside the Air Force Command Hospital campus near Old Airport Road has left many citizens puzzled. The notice invites public objections, comments, and suggestions within ten days regarding the removal of trees on the campus to build a modern hospital complex. However, citizens point out that the Air Force campus is not open for public inspection, making it difficult to assess the situation before responding.

"I saw the attached newspaper clip last week. I was happy to note that a modern hospital complex is coming up on the premises of Command Hospital. I am also concerned about the removal of 736 trees for this project. I wanted to visit the premises and gauge if anything could be done to save the trees," said Anand Ramachandran, a resident of Indiranagar. However, Anand was informed by BBMP that he needed to obtain permission from concerned defence personnel to inspect the trees on campus. "I sent an email last week requesting permission to visit the campus to assess the trees and birds that could potentially be rescued before any trees are cut. However, I have not received a response yet," informed Ramachandran.

Citizens say the time to send the comments and objections is already running out. "Raising objections requires careful observation and knowledge of ecology and tree behaviour. I live close to the Air Force campus and it was an opportunity to inspect the trees and file suggestions. However, getting permission, conducting an inspection, and filing objections within ten days is almost an impossible task given other obligations. In such cases, people should be informed in advance and given at least two months to survey the trees, get experts' opinions, and then raise objections. Otherwise, this process is an eyewash," said another resident of the area.

Experts opine ten days is too short a period for the citizens to reply to such notices. Given the complexity of seeking permission from authorities, it would only ensure no objections will be filed. While many agencies are putting out these notices through BBMP, very few people are submitting objections or suggestions due to this apathy on the part of officials.

BBMP sends out notice on removing 736 trees at air force hospital campus

> **"In such cases, people should be informed in advance and given at least two months to survey the trees, get experts' opinions and then raise objections** – Resident

"These campuses check Identity Documents before they let civilians enter. However, the statutory requirement of the public notices about tree felling is obtaining suggestions from the public and this requirement must be fulfilled. It is the Deputy Conservator of Forest's responsibility to mention in the notice that the campus concerned requires permission before visiting. This permission should also be provided by BBMP's forest department. The civic agency can consider issuing blanket permission to citizens who want to inspect such sites. The purpose of these public notices is to obtain objections and suggestions from the public," said Dattatreya Devare, trustee, of Bangalore Environment Trust.

Harlur drowning in garbage: BBMP fails to act

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Residents of Harlur have been struggling with a severe waste management crisis for the past four months. Since April 2024, the regular collection of wet waste has drastically reduced, causing significant distress among the local community. Earlier, wet waste was collected every second day, and dry waste was collected once every four days. However, residents now report that wet waste is being collected only once a week, leading to a build-up of waste in their homes and surroundings.

Lok, a concerned resident, said "Garbage collection vehicles only appear when we call and complain to Bruhat Bengaluru Mahanagara Palike officers about the missed pick-ups. Every week, it's the same story, we have to call and complain about the issue. And yet the collection is just happening once a week, and the situation has not resolved."

BangaloreMirror
Dirty pile builds up as nobody takes waste out

Similar issue has been reported in Hagadur ward, this is a common concern across areas

The infrequent collection has led to several issues. "Keeping wet waste for one whole week is not good. We have monkeys coming around from a nearby locality that are throwing garbage everywhere, and even dogs are coming in and knocking the bins down," another resident added.

This problem is particularly troubling as it is creating unsanitary conditions in the area. Residents have pointed out that just half a kilometre away in HSR Layout, Bommanahalli Ward, the waste collection happens on time and frequently. Unfortunately, this efficiency has not extended to Harluru, where residents continue to suffer.

The BBMP officials stated to the resident that they had appointed four vehicles for collection but were unsure why the issue persisted. "They are not monitoring the issue and not even solving it. We are helpless," Lok said. He also noted that the traffic in the area becomes congested after 8 AM making it difficult for collection vehicles to enter, but emphasised that this was no excuse for the ongoing problem. "They have to make arrangements," Lok said. To cope with the situation, Lok has set up two larger bins with boulders to prevent monkeys from accessing the garbage. Some neighbours are taking their wet waste to farms for composting, but this solution is not sustainable in the long run. Others are forced to keep the waste inside their homes, leading to health hazards. With around 300 houses in the locality affected, the residents are growing increasingly concerned. Although dry waste collection continues to happen regularly, the mounting wet waste has led to several cases of dengue in the area. "We have to keep the surroundings clean, but with this problem, it's just getting difficult. Even the authorities are not helpful," a resident lamented.

When BM contacted the driver in charge of garbage collection in Harlur, he said, " There has been a shortage of drivers. They are not coming to work properly and on time which is resulting in the improper collection. We will have this fixed soon. "

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9591233247

Problems in your area?
Send us a picture along with specific details. And please, no phone calls or spamming

Unkept footpath

Mehkri Circle

A footpath near Raman Institute, close to Mehkri Circle, has been covered with dried leaves for over a week, with no cleanup in sight.

Sewage crisis

Hongasandra

The entire lane in Hongasandra Mico Layout is choked with sewage, causing a foul smell and attracting mosquitoes. This ongoing issue has persisted for years, and immediate intervention is needed.

Work stalled

Kalyan Nagar

Construction in Kalyan Nagar's 3rd Cross, 1st Block, began five months ago and remains incomplete, causing ongoing inconvenience to residents.

3 teams disqualified from 63rd Subroto Cup for being overage

Subroto Cup Sub-Junior Boys International Football Tournament-2023

Three teams were disqualified from the 63rd Subroto Cup Sub-Junior Boys International Football Tournament, which got underway on Tuesday in Bengaluru, due to fielding overage players.

An official announcement was made by the Subroto Mukerjee Sports Education Society under the aegis of the Air Force Sports Control Board. They further stated that the reports of the three other teams are awaited, which will be received on Wednesday, and a decision will be made based on those results.

Disqualified teams

Nazareth Model High School, Dima Hasao, Assam; Nehru Public School, Jamuai, Bihar; and Ultou Government Model High School, Bishnupur, Manipur, were the teams disqualified from the tournament. The reports of teams from Mizoram, Madhya Pradesh, and Maharashtra are awaited.

A 'Skeletal Age Estimation Test' was conducted as per the regulations of the tournament and the criteria set by the All India Football Federation (AIFF) and the above-mentioned teams were found to field more than four players who were above the cut-off age, which led to the disqualification of the teams. The matches played on Day 1 by the above-mentioned teams were declared null and void.

Meanwhile, in the last edition, 16 teams were disqualified from the tournament for fielding overage players.

—ANI

Your Chance to win today
Hello, dear readers. It is Wednesday, and it is that time of the week when we ask you a question to get to know you better and also to hand out some goodies. Here is your question:
What is your children's favourite holiday activity?
Win a free pass to 'House of Monkeys,' an upcoming kids fun & games event at Jayamahal Palace
Please drop in the following details for you to be eligible for the contest – Name, Age, Ph no, Occupation
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IN BRIEF

1,180 illegal e-cigars siezed

In a significant crackdown on the illegal sale of e-cigarettes, the Anti-Narcotics Division of the Central Crime Branch (CCB) raided a shop in the Govindapura police station limits on Thursday, seized a large quantity of banned e-cigarettes, and arrested three individuals involved. Based on information provided by the staff of the Anti-Narcotics Division, officers discovered 1,180 e-cigarettes from various brands, valued at approximately 30 lakh during the raid. —BMB

Hit-&-run case on victim

An FIR for driving under influence has been lodged against the victim of the sexual assault case at the Adugodi traffic police station following a complaint, according to police sources on Tuesday. They reported that the victim was driving intoxicated after partying at a pub in Koramangala on Saturday. Under the influence, she collided with two autorickshaws and a motorcycle near Mangala Junction and fled the scene. —BMB

Techie ends life

A 22-year-old Wipro employee, identified as Yagnik from Sakleshpur, ended his life by inhaling helium gas at the Rayan Inn Hotel in Electronic City. According to the police, Yagnik had been staying at the hotel since August 16 to attend his MTech exam. The incident came to light when hotel staff forced open the door and found him dead. Authorities are trying to contact his family members to determine the reason behind his extreme step.

If you are in distress, call Arogya Sahayavani (104) for help. —BMB

Watch out! Secure your devices

Cops tackle mobile phone theft in Bengaluru, seize over 70 cellphones worth more than ₹15 lakh

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Police have made headway in tackling mobile phone theft across various parts of the city, leading to multiple arrests and seizures of valuable assets, including over 70 mobile phones with a combined worth of more than Rs 15 lakhs. Commissioner of Police, B Dayananda, stated, "We have received numerous complaints about mobile theft and snatching, and we are actively working to raise awareness. Regardless of its size, we ensure a thorough investigation and appropriate registration of every case."

Bellandur Police Station officers conducted a raid near Ibbalur Junction on August 15, where illegal mobile phone sales were suspected. They arrested an individual from outside the state, identified as an employee of Delaware.com, who was apprehended with a bag containing 44 mobile phones of various brands, valued at Rs 9 lakh. Upon interrogation, the accused revealed that he had been exploiting a loophole in the online mobile phone booking system. By cancelling orders and keeping the phones instead of returning them to the companies, he sold these devices at significantly reduced prices to the public.

In another incident, the Whitefield Police Station arrested three individuals involved in pickpocketing. The complaint, lodged on August 4, detailed the theft of a mobile phone from a labour shed resident at Varthur. Further investigation revealed the involvement of the trio in additional crimes, including the theft of two two-wheelers used during the pickpocketing. By August 8, the officials had seized a total of five mobile phones and two two-wheelers, with an aggregate value of Rs 1.40 lakh.

Similarly, the Peenya Police Station conducted an extensive investigation into mobile phone thefts that had occurred in the area. The initial complaint was filed on July 11 by a company employee who had his cellphone stolen near the NTTF bus stand. On August 13, the police arrested an individual near Chokkasandra Kere Road, recovering four mobile phones. The suspect's confession led to the arrest of another suspect on August 14, 2024, who was found with two additional mobile phones. The investigation revealed that the suspects had been involved in multiple thefts, leading to the recovery of a total of 23 mobile phones and one two-wheeler used in the thefts. The next day, 12 mobile phones were seized from a shop in Mangaluru, and another seven were retrieved from the accused's residence in Hegganahalli by August 18. The total value of the seized items amounted to Rs 5 lakh. The arrested individual faces charges for multiple theft cases, including those reported at Peenya and Govindarajanagar Police Stations.

> **Regardless of its size, we ensure thorough investigation & registration of every case** – CP B Dayananda

Foiled robbery case

Indiranagar Police Station thwarted a major robbery attempt on August 9, arresting three individuals hailing from Srirangam Taluk in Tiruchirappalli district, Tamil Nadu, who confessed to stealing laptops by breaking into a car. During the investigation, police surrounded a group of five near Nilgiri Top, Indiranagar. The suspects, armed with handguns, knives, and salt powder, were caught red-handed. Despite the escape of two suspects, the arrested trio was found with weapons and two mobile phones. Following this lead, police travelled to Tamil Nadu and issued a notice to the receiver. On August 15, the receiver was apprehended near Attibele Bus Stop while accepting the laptops. Seven stolen laptops worth Rs 5.85 lakh were recovered from him and his brother.

Bengaluru has over 85% of state's EV charging stations

K'taka ranks third in country with EV sales more than one lakh sales in 2023-24

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Two wheeler Electric Vehicle marathon for World Environment day. Over 100 bikers celebrated World Environment day by riding EV bikes at HSR layout in Bengaluru

Bengaluru has emerged as the leader in the nation's electric vehicle (EV) infrastructure, boasting the highest number of public EV charging stations in India. According to the latest report from the Bureau of Energy Efficiency, Karnataka has a total of 5,765 public charging stations, with Bengaluru Urban district alone accounting for 4,462 of these. This represents over 85% of the state's total charging infrastructure.

The state's extensive network places it ahead of other regions. Maharashtra follows with 3,728 stations, while Uttar Pradesh and Delhi have 1,989 and 1,941 stations respectively. Karnataka's lead is significant compared to Tamil Nadu, which has 1,413 stations, Kerala with 1,212, and Rajasthan with 1,129. Additionally, Karnataka surpasses Gujarat (992 stations), Telangana (956 stations), West Bengal (763 stations), Haryana (709 stations), and Andhra Pradesh (601 stations). Energy Minister KJ George said, "Karnataka has set a new benchmark in the nation with 5,765 public electric vehicle charging stations. This underscores the state's commitment to advancing electric mobility and reflects the strategic efforts to build a robust EV infrastructure and promote sustainable transportation." Bangalore Electricity Supply Company Limited (BESCOM) Managing Director, Mahantesh Bilagi added, "BESCOM's proactive initiatives and strategic planning have been instrumental in driving electric vehicle uptake and supporting the state's transition to sustainable transportation." There are further plans to invest Rs 35 crore in setting up 100 charging centers in collaboration with power supply companies.

Among other cities, Mumbai has 418 stations, Uttar Pradesh's Agra has 81 stations, and Delhi's West and South Delhi have 399 and 361 stations respectively. Chennai has 215 stations, and CBRE has 122 stations. Kerala's Ernakulam and Thiruvananthapuram have 226 and 216 stations respectively, and Rajasthan's Jaipur, Jodhpur, and Udaipur have 157, 96, and 76 stations respectively.

An expert said, "Public charging stations are crucial for the growth of electric vehicles because they provide the infrastructure needed to support widespread EV adoption. Accessible and reliable charging options are essential to alleviate range anxiety, ensure convenience for users, and encourage more people to make the transition to electric mobility."

On the other hand, Karnataka now ranks third in the country in terms of EV sales. The sales figures show a significant upward trend over the years. In 2022-23 a staggering 1,10,492 vehicles were sold, and in 2023-24, a remarkable 1,59,428 EVs were sold. Comparing the sales from 2020-21 to 2023-24, there has been a significant increase of 1,275 times. Industry experts said that this exponential growth can be attributed to various factors. Initially, the sales of EVs faced a slow start due to skepticism regarding their durability and concerns about charging infrastructure. However, Karnataka took an early initiative by rolling out an EV policy, providing incentives, and increasing charging stations even in tier two cities and towns. These efforts significantly boosted consumer confidence and contributed to the surge in EV sales, exceeding 2.6 lakh units in the last two years alone.

> **"Accessible and reliable charging options are essential to ensure convenience and encourage more people to make the transition to electric mobility"** – Expert

An official said, "The rise in EV sales is a result of a synergistic approach involving policy incentives, cost-saving benefits over conventional fuels, environmental consciousness, and schemes like the Gruha Jyoti scheme offering free power. Transport officials predict a continued upward trajectory in EV registrations, with an annual increase from 11,000 EVs four years ago to an estimated 1.60 lakh EVs annually, indicating a promising future for electric mobility in Karnataka. The state currently boasts around 3.40 lakh EVs, predominantly comprising two-wheelers, signaling a significant shift towards sustainable transportation."

Sources said that there is a demand for charging stations, especially in densely populated areas like HSR Layout, Malleswaram, Peenya, Hebbal, and Mahadevapura. Plans are underway to install numerous additional charging stations within the city catering to the convenience of EV users. Under the Public-Private Partnership (PPP) model, the state government intends to set up more than 1000 EV charging stations statewide, with a focus on highways. The aim is to ensure a charging station every 500 meters within BESCOM's jurisdiction, aiming for completion before 2025. This initiative is expected to encourage more individuals to switch to EVs, considering their futuristic appeal and eco-friendly attributes.

KSTDC expands in scenic Ooty

In a significant move, Karnataka State Tourism Development Corporation (KSTDC) has unveiled its latest venture in Ooty, the Hotel Mayura Royal Heritage, marking the addition of a second place under KSTDC in this scenic town. This new establishment is set to welcome guests from September 1, 2024. KSTDC has committed to preserving historical landmarks while offering luxurious accommodations that reflect the grandeur of a bygone era.

Ooty has long been a cherished destination for travellers seeking to immerse themselves in nature's bounty and explore its rich cultural heritage. Ooty's allure lies in its serene landscapes and pleasant weather, which draw in about 28 lakh visitors annually. To cater to the growing influx of tourists and enhance their experience, the KSTDC has been steadily expanding its presence in this popular hill station. Hotel Mayura Royal Heritage, occupies a sprawling 17-acre estate that was once the residence of the Mysore Maharaja's Diwan. KSTDC's Chairman, M Srinivas said, "This addition not only reflects the rich cultural heritage and grandeur of the Mysore era but also underscores our commitment to providing exceptional and unique experiences for travelers."

It includes a range of premium facilities, including a multi-cuisine restaurant, a corporate boardroom, an indoor game room, and a kids' play area. Additionally, guests will enjoy complimentary WiFi, free entry to the Karnataka Siri Horticulture Garden, and tour arrangements for exploring the Nilgiris. KSTDC has also planned various activities like water sports, adventure sports, and a step garden, ensuring that guests can spend an entire day engaged in the myriad of experiences available within the property.

Animal activists demand BBMP suspend ABC programme

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TWEETS @BangaloreMIRROR

The members of Action for Animal Justice on Tuesday submitted a memorandum to Bruhat Bengaluru Mahanagara Palike (BBMP) Chief Commissioner to look into willful and repeated violation of rules and guidelines governing street dog management namely animal birth control (ABC) norms, and the role of certain BBMP officials.

They requested the BBMP Chief Commissioner to suspend the ABC programme until the required recognition is accorded by the Animal Welfare Board of India to every non-governmental organisation (NGO) carrying out the ABC programme.

Sujaya Jagadish, an animal activist, has said that as per Rule 11(17) of the ABC Rules 2023, dogs should be kept for a minimum of 4 days for post-operative observation following successful surgery, but many NGOs are releasing dogs prematurely, leading to the risk of shock and potential fatalities post-surgery. "The infrastructure facilities are horrendous, and BBMP is making no attempt to address these issues. The NGOs without a Certificate of Project Recognition under Rule 3 of the ABC Rules 2023 are being permitted to conduct ABC procedures. These NGOs have become increasingly callous and dishonest in their work. Our request is for the municipality to take over the ABC programme and remove the dishonest NGOs from the process," said Jagadish.

Stating that public health and animal lives are at serious risk in recent months, Nevina Kamath, Secretary, Action for Animal Justice has said that there has been a massive outcry about the failures and inadequacies of the ABC program for street dogs in the city. "These issues stem from the large and self-serving team of Animal Health Veterinary Service (AHVS) officers appointed through favouritism within the BBMP-Animal Health Department," said Kamath.

Animal activists holding placards at the BBMP Head Office on Tuesday

HC nod to BBMP's plan to rope in third pary for lake upkeep

Court asks Palike to frame draft MoU in a week while hearing PIL on encroachment, pollution of waterbodies

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TWEETS @BangaloreMIRROR

Policy to allow BBMP to hand over maintenance of 205 lakes through at a tendering process

The High Court has given the green light to the Bruhat Bengaluru Mahanagara Palike (BBMP) to draft a Memorandum of Understanding (MoU) that will be entered into with third parties as part of a new policy regarding upkeep of lakes. This policy allows the corporation to hand over 205 lakes for maintenance and preservation through a tendering process. The court's decision came during a hearing of several Public Interest Litigations (PILs) that focused on the issue of encroachment around lakes and the pollution caused by release of water from stormwater drains into them.

The Advocate General, Shashi Kiran Shetty, informed the court that the draft MoU would be prepared within a week and shared with the petitioners for their inputs. A division bench comprising Chief Justice NV Anjaria and Justice KV Aravind allowed this and scheduled the next hearing for September 11, saying, "On the next date it would consider the same and pass final orders."

One of the petitioners' representatives, Senior Advocate Jayna Kothari, expressed concerns about the policy, arguing that if multiple entities apply under the scheme, the tender would be awarded to the one with the most financial resources. Kothari emphasised that the primary goal should be the preservation of lakes for future generations, rather than any development that may come at the cost of the lakes. Shetty, on the other hand, pointed out that the petition, filed in 2014, has been pending for the past decade, and as a result, the development and rejuvenation of lakes have come to a complete halt.

Monitoring agency

During the proceedings, the court verbally suggested that instead of appointing a nodal officer for monitoring, a nodal agency should be appointed under the policy. The corporation stressed the necessity of the policy, stating that "since the lakes are several in number and it will entail huge expenditure for the corporation, (around Rs 30 crore per year) such a policy is evolved in larger public interest".

Overcrowding in SC/ST students' hostels

The High Court has instructed the State Government to address the issue of overcrowding in government-run hostels for Scheduled Caste and Scheduled Tribe students across the state.

A division bench consisting of Chief Justice NV Anjaria and Justice KV Aravind reviewed the report submitted by the state government and observed that the number of students admitted in various hostels across the state significantly exceeds the capacity of the hostels in most places. The court stated, "Treating students of scheduled caste in the hostels in such a fashion by overcrowding them needs immediate remedial action."

The court highlighted specific instances from the report where the number of students admitted was higher than the hostel capacity. Additionally, it noted that out of 1,890 senior warden posts in different divisions, 1,342 have been filled, while 53 junior warden posts remain vacant.

The court directed the respondents to provide details and clarify their position on steps that may be proposed to fill up vacant posts, measures to ensure there is no overcrowding in hostels.

> **"Since it will entail huge expenditure for the corporation, (around Rs 30 cr per year) such a policy is evolved in public interest** –BBMP to HC

Darshan's meal request

The High Court on Tuesday postponed further hearing to September 5 on Kannada actor Darshan Thoogudeepa's petition, seeking home-cooked food, bedding and cutlery while in judicial custody.

This comes after prison authorities informed the court that they had denied Darshan's requests.

₹20L heist at Bagalgunte temple

Thieves broke into the renowned Maramma Temple in Bagalagunte early this morning and took cash and valuables worth Rs 20 lakh. The theft, which occurred around 3:30 am, was discovered when the temple priest, Mahendra, arrived for the morning worship.

The robbery has sparked outrage among the local villagers, who are blaming the Tahasildar for the lack of adequate security measures around the temple. Many residents gathered at the temple in protest, demanding immediate action from authorities and an increase in police patrolling in the area.

A case has been registered at the Bagalagunte Police Station, and investigations are underway. The temple falls under the jurisdiction of the Supardi Muzrai Department, which is now facing criticism for its handling of temple security. Residents have asked for tighter security.

—BMB

Forced gender reassignment, assault alleged

A group of individuals allegedly forced a gender reassignment on a young man through injections, followed by blackmail and physical assault. The victim's mother, identified as Kaseepa, has lodged a complaint at the Pulikeshinagar police station against five accused: Chitra, Preeti, Kajal, Ashwini, and Mugili.

According to the complaint, the accused forcibly injected the young man with hormones, causing a gender transition against his will. "If you beg as a man, you can earn ₹1,000 per day. They told him he would earn even more if he begged as a woman," the complaint states. They then allegedly took obscene photographs of the victim and used them to blackmail him and his family. They are said to have barged into Kaseepa's homem resorted to violence and ransacked their home. — BMB

Road rage runs rampant in Bengaluru

2 disturbing encounters highlight urgent need for better road safety measures

Video grab of the aggressive incident at Sarjapur Main Road

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Bengaluru's streets have seen two alarming road rage incidents this month, highlighting the growing problem of aggression on the city's roads.

Doddakannelli incident

A troubling road rage incident that occurred in Doddakannelli on Sarjapur Main Road on Sunday, was captured on video and widely shared on social media. A young man, displaying aggressive behaviour, threw a stone at a car's window, causing fear among the occupants, including a child. The individual taunted the car's occupants, asking if there was a child inside. The viral video tagged the Bangalore Police to highlight the increasing road rage incidents in the city.

Another ordeal

A man named Jitin Raj faced harassment and aggression from a biker, who chased and blocked his car on August 8 near Indira Nagar. Jitin shared this incident on a social media platform on August 16, tagging the police, the Chief Minister and Deputy CM DK Shivakumar.

The aggressor, on a bike, overtook Raj's vehicle near Indira Nagar, blocked his car, and verbally abused him. Raj's encounter with the biker was unsettling, but his calm demeanour and use of a dashcam were crucial in documenting the incident and ensuring a swift police response. Raj promptly called 112, and the police arrived within 10 minutes. After reviewing the dashcam footage, the police apprehended the culprit, who, visibly upset, was made to apologise. This quick and effective intervention underscores the value of dashcam evidence.

The dashcam footage provided concrete evidence, aiding the police in their investigation and leading to the biker's apprehension. The Bangalre City Police's handling of the situation has been widely praised. The officers from the Parappana Agrahara Police Station, including Assistant Sub-Inspector Ramesh and Police Constable Venkatesh, were commended for their prompt response.

> **"Please take some action, we would like to have a peaceful life in the city**
>
> –Netizen's comment in reaction to road rage incident

Raj's tweet expressed his concern about the safety of residents. He wrote, "Seriously if this is the level of safety for a local like me, who has lived here all my life and was driving a KA-registered car, I shudder to think about the safety of my family if they need to step out?"

Social media users have echoed Raj's concerns, urging more stringent actions to ensure a peaceful living environment in the city. One user commented, "Please take some action, we would like to have a peaceful life in the city."

All unmanned aircraft systems must have IDs

CONTINUED FROM PAGE 1

platform. The platform classifies Indian airspace into three zones: Red, Yellow, and Green.

The Red Zone, or 'No-Drone Zone,' includes areas where drone operations are strictly prohibited unless explicitly permitted by the Central Government. This zone typically encompasses all military installations and a 3-km radius around them.

The Yellow Zone is a restricted area where drone operations require permission from the relevant air traffic control authority. Lastly, the Green Zone is where drones can be operated without special permissions, provided they remain within a vertical distance of 400 feet or 120 metres above the land or territorial waters.

The official also stressed that the Drone Rules 2021 require all unmanned aircraft systems to be registered on the Digital Sky platform and to obtain a unique identification number unless exempted. Many drones are being flown in no-drone zones due to a lack of awareness of these regulations.

This not only violates the law but also poses a significant risk, as drones could potentially be used for anti-national activities, such as dropping arms, ammunition, explosives, or drugs.

"Therefore, it is crucial that all stakeholders and citizens strictly adhere to the guidelines set forth in the Drone Rules 2021 before operating drones, especially near red zones. Non-compliance with these regulations could result in severe penalties, including a fine of up to Rs 1,00,000," the official said.

Karthik Kumar, a drone operator, said that as drone technology continues to advance, offering exciting opportunities for photography, exploration, and even commercial applications, it's crucial that drone enthusiasts understand the immense responsibility that comes with it. "Drones, once confined to military and specialised domains, are now accessible to people of all ages.

However, with this access comes the need for strict adherence to regulations, especially when it comes to no-fly zones near sensitive areas like military installations.

Flying a drone near these restricted zones isn't just a breach of the law—it's a potential threat to national security," he said.

Kumar added that many people are unaware of the risks involved or the specific guidelines laid out in the Drone Rules 2021, which is why education and awareness are so important.

"The government has made it easy to check airspace maps through the DGCA's digital sky platform, and it's our duty to consult these resources before taking to the skies. Ignoring these rules can lead to severe consequences, including fines up to Rs 1 lakh, or worse."

BMTC commuters run into e-toilet hurdle

CONTINUED FROM PAGE 1

ground for mosquitoes that the civic agency seems so earnest about eliminating.

The bus stop is also a destination for people to hang out and drink their nights away. Empty liquor bottles are littered around the defunct e-toilets at the bus stop.

"The e-toilets have been defunct for more than three to four years. The BBMP authorities neither repaired them nor removed them. We are grateful to the BBMP officials and our elected representative for providing commuters with a public toilet at the other end of the bus stop.

Now, it would be a great help and relief for the BMTC commuters and nearby residents if the authorities also remove the defunct e-toilets and keep the place clean," said Sudarshan M, a BMTC commuter.

Demanding that the e-toilets be removed without any delay, Prasanna K, a resident of Vignan Nagar, said that he was very happy when the BBMP installed the e-toilets more than four years ago. But the toilets became defunct as soon as they were opened to the public.

"What is the use of keeping defunct e-toilets at a public place like BMTC bus stop? The authorities concerned must remove these toilets as there already is a public toilet in the area," said Prasanna.

When contacted, BMTC Traffic Controller Somasekhar also told BM that the defunct e-toilets had become a nuisance for the BMTC commuters.

"I have already informed the BBMP solid waste management department. They have assured me that the surroundings of the e-toilets would be cleaned up, but they have done nothing till date," said Somasekhar.

He said miscreants and drunkards have been misusing the bus stop at night. Meanwhile, the BBMP Health Inspector also assured BM that pourakarmikas would be sent to the spot to remove garbage and keep the place clean. "I will send pourakarmikas tomorrow," he said.

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tender & notices

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It is notified for the information that we hereby certify that CASA has officially been rebranded to ELFA as of August 1, 2024. All communications will now on be conducted under the name - ELFA.

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personal

CHANGE OF NAME

I, Kavitha Arram w/o Kiran kumar Bikumalla, flat no 8233, prestige lakeside Habitat, Varthur 560087 have changed my name from Kavitha Varada to Kavitha Arram

I Sarath Babu S S/o.Subramani M R/at No.25, 2nd Flr, St. Mary's Street, Meghanapalya, Kalyananagar, Bengaluru-560043 name of mine, my father & my mother wrongly mentioned as Sarathbabu Subramanyam, Subramanyam Munaswamy & Kanaladurga Subramanyam respectively in my Passport, the actual and correct name of mine, my father & my mother is Sarath Babu Subramani, Subramani Muniswamy & Kanuga Subramani.

I Prasanth Visalam Vasudevam R/o Gokulam Apt A-2 205,Kanakapura main road,Doddakallasandra, Bengaluru 560062 have changed my name to Prashanth Vasudevan Visalam Affidavit Dt.20/08/2024 notary Harisha G, Bluru

I Manjunatha V S/o Vijendra A R/at No.001, Vijendra Garden, Mallappa Layout, Babusapalya, Kalyananagar, B'luru-560043, my name and my father name wrongly mentioned as Manjuntha Vijendra & Vijendra respectively in my Passport. Actual name of mine and my father is Manjunatha Vijendra & Vijendra Appayanna respectively.

I, DEEPA WADDARKAL, R/a No 292, VAKIL GARDENCITY, KANAKAPURA MAIN ROAD,TALAGHATAPURA, BENGALURU 560062. I have changed my name to, DEEPA SIDDANNA WADDARKAL. Vide affidavit dated 20/08/2024, sworn before Notary, S N Madhu, Bengaluru.

I, SINDU PRIYA KOTA HARIKUMAR, Residing at No. SVG Manhattan Residency 33/26, 5C, 5th Floor, Vasavi Temple Street, Opp Vasavi Hostel Basavanagudi, Bengaluru - 560004, Have changed my name to SINDU PRIYA K.H, vide affidavit dated 12/08/2024 sworn before Notary K. Ramegowda Blore

I Rammohan Sangatala S/O, Ramayya R/o 9/3 Raga, Thungabhadra Road, Sai Serenity Layout, Seegehalli, Bengaluru Pin : 560049, Karnataka, India. have changed my name to Rammohan Ramayya Sangatala.

I, Afraah Jureyah Passport NoJ7791309 D/o of Mohammed Jamal, Residing at #182/4(New No.5), 5th Cross, Venkatapura Main Road, Koramangala, Bangalore have changed my name and shall hereafter known as AFRAAH JUREYAH M J.

I Saritha R W/O, Sridhara Sharma G R/o No 22 Gurupriya Vinyas T2 1st Main 5th Cross, Hanumagiri Lyt Subramanyapura, Bengaluru, 560061, Karnataka have changed my name to Saritha Sharma Rajendraprasad.

I, Mahesha R S/O, Ramakrishnaiah R/o No 28 Mathrushree Nilaya Kethaganahalli Ashraya Badavane Bidadi,ramanagar 562109 have changed my name to Mahesh R for all purposes.

I, Shahbaz Khalid R/o Sonestaa Iwoods Bellandur have changed my minor son's name from Ewaan Umar to Imaad Umar.

I, Jayamma D/o, Eragyathiah R/o 03 Aagara Lake Road Kaatanayakana Pura H Gollahalli Bangalore 560060 have changed my name to Jayashri for all purposes.

I, Neelesh Naik S/o Ramaray Naik R/at Cb-00-07, B2 Block, Ksr Cordelia, Dasarahalli, Near Rachenahalli Lake, Ha Farm, Bengaluru-560024 have changed my name from Neelesh Ramaray Naik to Neelesh Naik Vide Affidavit Dated 10/08/2024 Notary Uday Kumar K

WE · AFREEN ASIF and MOHMMED ASIF, R/o. No.146, 5th Cross, 8th Main, 3rd Stage, Pillanna Garden, Arabic College Post, Bangalore-560 045, have Changed/Corrected our Names as MUBEENA AFREEN and MOHAMMED ASIF, for all purposes.

I, ASHIL JAYESHKUMAR PAREKH, S/o Jayeshkumar Dalpatbhai Parekh, R/o #305 Labenisha, Minaxi Layout Behind Mainland Chaina Thubarahalli, Whitefield Bengaluru – 560066, have changed my name as ASHIL JAYESH PAREKH, vide affidavit dated 20.08.2024 sworn before notary C. Sasikala, Bengaluru.

I Dhanasri Ancha Nallamothu W/o, Anilkumar Nallamothu R/o #16/4, Flat E432, Platinum Lifestyle Apartment, 80 feet BDA Road, Kothanur, JP Nagar 8th Phase, Bangalore - 560083 have changed my name to DHANASRI ANCHA for all purposes.

I Alfiya Sultana Khanum D/O, Mohammed Ibrahim Khan R/o 8th Cross,Labour Colony, Mandya City: 571401 have changed my name to ALFIYA SULTANA from ALFIYA SULTANA KHANUM.

I Karunakaran S/O, Jayakumar R/o 89, 5th Cross, New Layout, Anjanappa Garden, Mysore Road,, Bangalore- 560018 have changed my name to J Karunakaran .

I, Sufiya Tanzeem D/o Khizar Saleem R/o #17, 2nd cross, Bhoopsandra, RMV 2nd stage B'luru-560094 have changed my name to Sufiya Tanzeen.

I, Mohamed Shabaz Riyan, R/at No 70, 3rd Floor, 3rd Cross, SFM Manzil, R K palace, Kaveri Nagar, Bangalore-560032 Have Changed My Name To Mohammed Shabaz Riyan Khan, For All Purposes

I, Muskaan W/o Mohammed Jaffer B R/o 20-B-35 Babji manzil F Street Kalasipalyam B'lore-560002 have changed my name to Muskaan jaffer.

I, Veena A D/O Anil Kumar, have changed my name From Veena to Veena A for all future purpose.

LOST & FOUND

I, PRAKASH K T S/o. Late. Thippanna, would like to inform the general public that I have misplaced my Original Sale Deed doc bearing BOOK NO 1, DOC -1-12257/2013-14 CD NO KEND560, DT: 14-02-2014 If anyone finds it, kindly contact me at 98455 05686

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Aug: 25*, Sept: 8*, 14, 14*, 15*, 21, 22*, 28*, 28, 29*

ANDHRA PRADESH 6*/10 DAYS Sept: 8*, 11, 15*, 21, 22*

KARALA SPECIAL 7 DAYS Sept: 8, 15, 22, 29 Oct: 6, 13, 20

OOTY KODAIKANAL/MUNNAR* 5/7* DAYS Sept: 8, 15, 22, 29

NAVAGRAHA DARSHAN 4 DAYS Sept: 9, 16, 23, 30 Oct: 7, 14.

COASTAL KARNATAKA 4 DAYS:
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HEALTH TIP: Vitamin K, a nutrient found abundantly in parsley, helps build stronger bones by supporting bone-building cells

Chickpeas are a great source of plant-based protein

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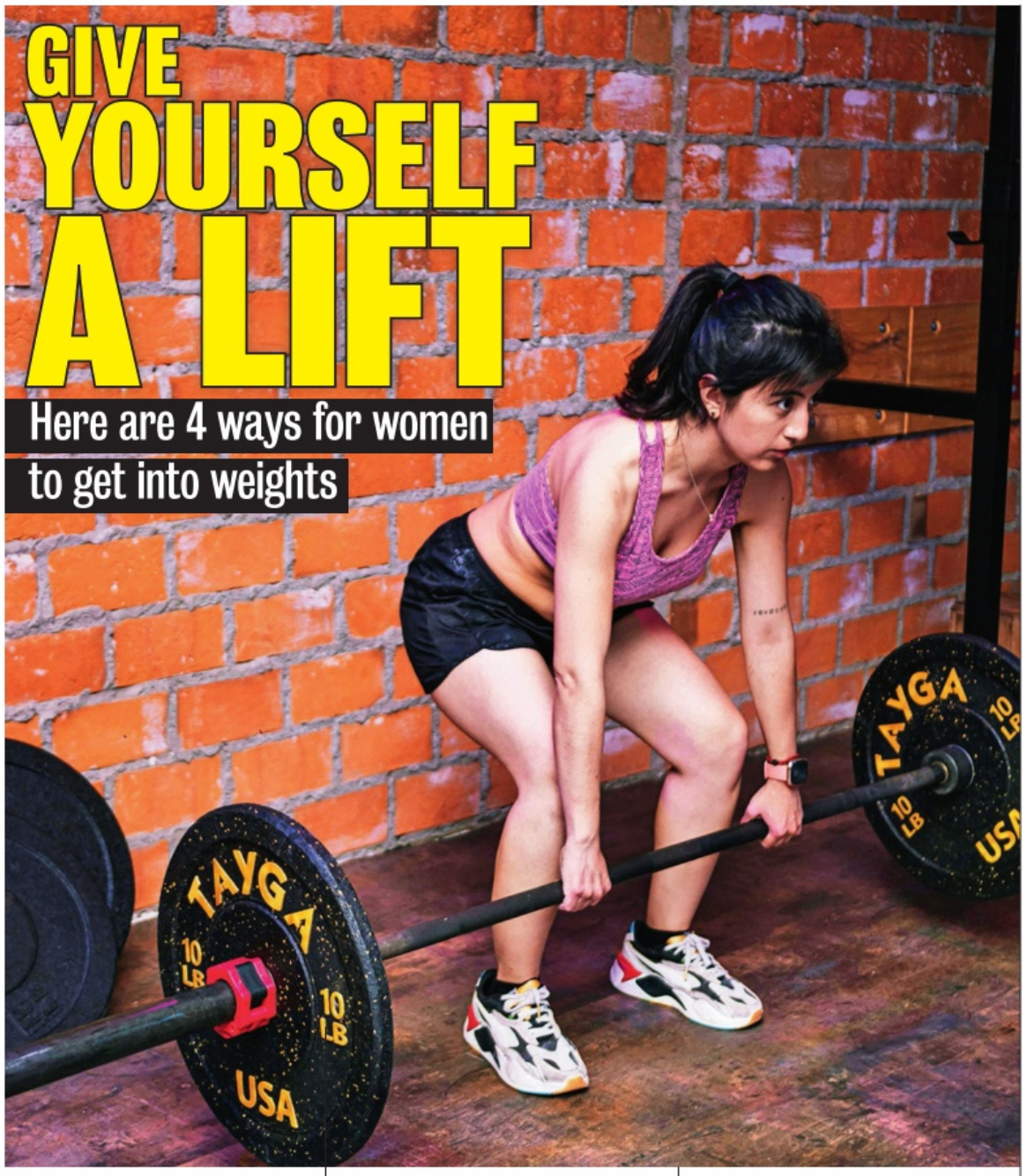
GIVE YOURSELF A LIFT

Here are 4 ways for women to get into weights



Picture a gym ten years ago: the weights room was largely a male-dominated space, with women mostly doing cardio exercise. Fast-forward to today and you're likely to see women of all ages and backgrounds confidently navigating weights equipment.

This is more than just anecdotal. According to data from the Australian Sports Commission, the number of women participating in weightlifting (either competitively or not) grew nearly five-fold between 2016 and 2022.

Women are discovering what research has long shown: strength training offers benefits beyond sculpted muscles.

Health benefits

Osteoporosis, a disease in which the bones become weak and brittle, affects more women than men. Strength training increases bone density, a crucial factor for preventing osteoporosis, especially for women negotiating menopause.

Strength training also improves insulin sensitivity, which means your body gets better at using insulin to manage blood sugar levels, reducing the risk of type 2 diabetes. Regular strength training contributes to better heart health too.

There's a mental health boost as well. Strength training has been linked to reduced symptoms of depression and anxiety.

Improved confidence and body image

Unlike some forms of exercise where progress can feel elusive, strength training offers clear and tangible measures of success. Each time you add more weight to a bar, you are reminded of your ability to meet your goals and conquer challenges.

This sense of achievement doesn't just stay in the gym – it can change how women see themselves. A recent study found women who regularly lift weights often feel more empowered to make positive changes in their lives and feel ready to face life's challenges outside the gym.

Strength training also has the potential to positively impact body image. In a world where women are often judged on appearance, lifting weights can shift the focus to function.

Instead of worrying about the number on the scale or fitting into a certain dress size, women often come to appreciate their bodies for what they can do. "Am I lifting more than I could last month?" and "can I carry all my groceries in a single trip?" may become new measures of physical success.

Lifting weights can also be about challenging outdated ideas of how women "should" be. Qualitative research I conducted with colleagues found that, for many women, strength training becomes a powerful form of rebellion against unrealistic beauty standards. As one participant told us: "I wanted something that would allow me to train that just didn't have anything to do with how I looked."

Society has long told women to be small, quiet and not take up space. But when a woman steps up to a barbell, she's pushing back against these outdated rules. One woman in our study said: "We don't have to […] look a certain way, or […] be scared that we can lift heavier weights than some men. Why should we?"

This shift in mindset helps women see themselves differently. Instead of worrying about being objects for others to look at, they begin to see their bodies as capable and strong. Another participant explained:

Powerlifting changed my life. It made me see myself, or my body. My body wasn't my value, it was the vehicle that I was in to execute whatever it was that I was executing in life.

This newfound confidence often spills over into other areas of life. As one woman said: "I love being a strong woman. It's like going against the grain, and it empowers me. When I'm physically strong, everything in the world seems lighter."

Feeling inspired? Here's how to get started

1. Take things slow: Begin with bodyweight exercises like squats, lunges and push-ups to build a foundation of strength. Once you're comfortable, add external weights, but keep them light at first. Focus on mastering compound movements, such as deadlifts, squats and overhead presses. These exercises engage multiple joints and muscle groups simultaneously, making your workouts more efficient.

2. Prioritise proper form: Always prioritise proper form over lifting heavier weights. Poor technique can lead to injuries, so learning the correct way to perform each exercise is crucial. To help with this, consider working with an exercise professional who can provide personalised guidance and ensure you're performing exercises correctly, at least initially.

3. Consistency is key: Like any fitness regimen, consistency is key. Two to three sessions a week are plenty for most women to see benefits. And don't be afraid to occupy space in the weights room – remember you belong there just as much as anyone else.

4. Find a community: Finally, join a community. There's nothing like being surrounded by a group of strong women to inspire and motivate you. Engaging with a supportive community can make your strength-training journey more enjoyable and rewarding, whether it's an in-person class or an online forum.

Are there any downsides?

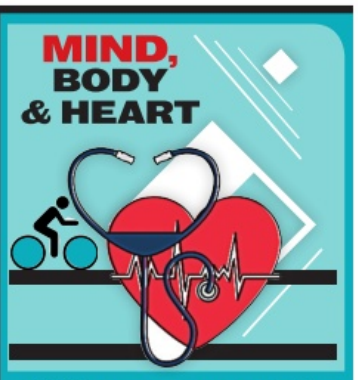
Gym memberships can be expensive, especially for specialist weightlifting gyms. Home equipment is an option, but quality barbells and weightlifting equipment can come with a hefty price tag.

Also, for women juggling work and family responsibilities, finding time to get to the gym two to three times per week can be challenging.

If you're concerned about getting too "bulky", it's very difficult for women to bulk up like male bodybuilders without pharmaceutical assistance.

The main risks come from poor technique or trying to lift too much too soon – issues that can be easily avoided with some guidance.

(By Erin Kelly, University of Canberra, The Conversation)



All you need to know about...

Don't Miss Breakfast

Eating a balanced breakfast kick starts your metabolism. After an overnight fast, your body needs energy to begin its daily activities. For that, you need a good breakfast that helps stabilise your blood sugar level and prevents energy dips later in the day.

Eat Frequent Meals

Consuming smaller meals can keep your metabolism active. This can help regulate blood sugar levels and might prevent overeating at later meals.

Avoid Late-Night Eating

Large meals eaten late can disturb your metabolism; your body's ability to process food slows down as you approach bedtime – this can also lead to weight gain. Late-night eating might also affect the quality of your rest and impact your overall energy level.

Meal Composition

Eat Balanced Meals: Meals that combine proteins, carbohydrates, healthy fats, and all other essential nutrients provide sustainable energy. Proteins and fats are digested slowly, offering a steady release of energy. Complex carbohydrates, such as whole grains, provide a beneficial increase in blood sugar levels compared to simple sugar.

Be Mindful Of Sugar And Refined Carbs: Foods high in refined sugars and simple carbohydrates can cause rapid spikes and crashes in blood sugar levels, leading to energy fluctuations.

Hydration

Proper hydration is very important for maintaining energy levels. Dehydration can lead to decreased metabolism. Drinking water regularly throughout the day supports the metabolism process and helps maintain energy levels.

Portion Sizes

Large meals can overwhelm your digestive system and cause sluggishness as the body works harder to digest the food. Moderation helps maintain energy levels.

Exercise

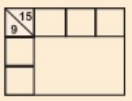
Eating a small snack with carbohydrates and protein before and after a workout can optimise performance and help recovery.

—Dr Archana Batra, for Femina

mybangaloremirror@timesgroup.com
facebook.com/theBangaloremirror
@BangaloreMirror

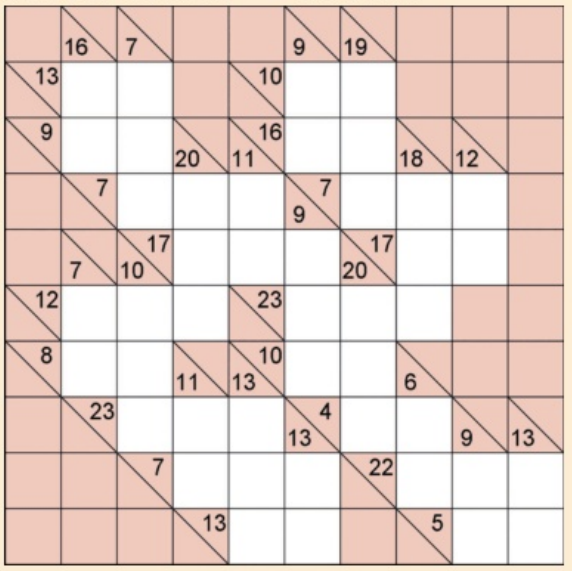
Kakuro

The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas

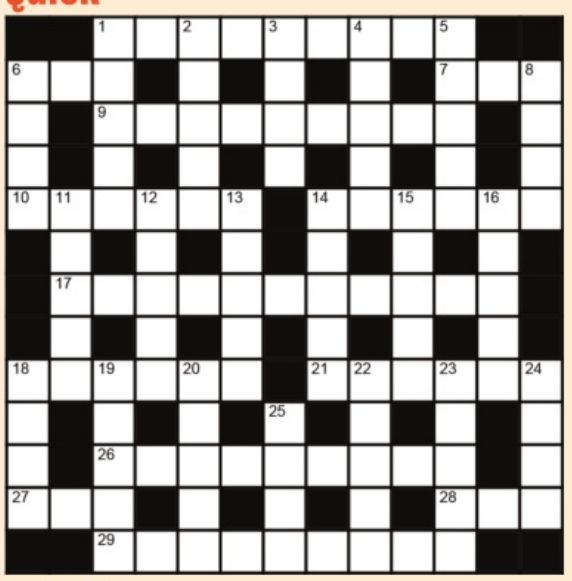


for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.

Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

1 Ancient land of coastal Lebanon and Syria (9)
6 Of a female (3)
7 To tear away (3)
9 Defeats, bests or prevails over (9)
10 Zend ___ : the holy scriptures for the Parsis ? (6)
14 A generous gift (6)
17 Accommodative (2-9)
18 Slip by; pass away (6)
21 Very quiet or silent (6)
26 Residential area located between Hosur Road and Sarjapur Road (3,6)
27 Greek letter (3)
28 Superlative suffix (3)
29 Thought over (9)

DOWN

1 Establish as true (5)
2 Open and obvious (5)
3 Kind and good (4)
4 Small film role (5)
5 Incendiarism (5)
6 Bollywood's ___ Malini (4)
8 A trick or a ruse (4)
11 Outspoken (5)
12 Journalistic coup (5)
13 Rocky crest-"eater" anagram (5)
14 Rash; impudent (5)
15 Single items (5)
16 At that place (5)
18 Always and at any time (4)
19 Detest (5)
20 Push off (5)
22 Fastener of sorts (1-4)
23 Despised (5)
24 Nutty or crazy (4)
25 Farm building (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: W EQUALS G

DMESCA SH MCAHCGDECIK. SE SH EPJ JAJFK CN EPCLWPE DAB EPJ NISJAB CN NGDEEJISAW SGGLHSCAH.

Linemaro

Is your name wifi? I'm feeling a connection

Mindchow

Holding on to anger is like grasping a hot coal with the intention of throwing it on someone else

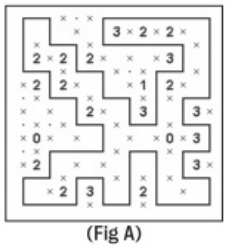
Joke of the day

If cats always land on their feet and toast always lands butter-face down, what happens when you drop a cat with uttered toast strapped on its back?

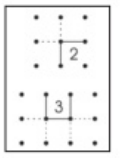
Loop

Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.



(Fig A)

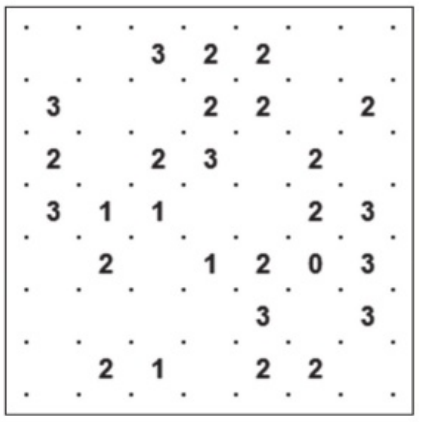


(Fig B) Not Allowed

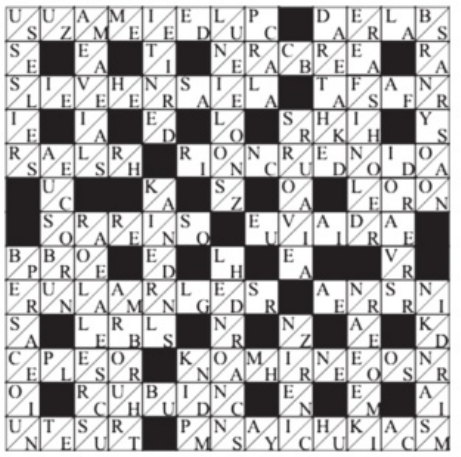
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



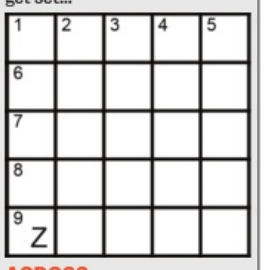
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

1 SS Gor; 6 E Clay; 7 Run-in; 8 Tie LC; 9 Is zen

DOWN

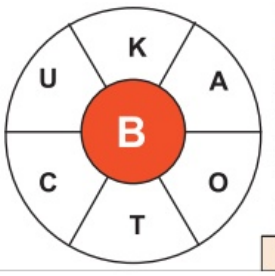
1 LT Zig; 2 An ere; 3 Uli Co; 4 Siren; 5 NY SSC

Mensapuzzle

Solve this rebus:

SCRATCH YM

Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

05 Average; 06 Good; 08 Outstanding

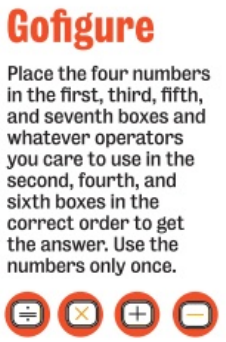
SudokuChallenge

	8		1		2		5	
		1	6		3	7		
	6			7			2	
7								2
9	5			4			7	6
1								5
	4			6			1	
		9	3		5	2		
	1		4		7		3	

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.



Hocusfocus

Find at least six differences in details between panels.

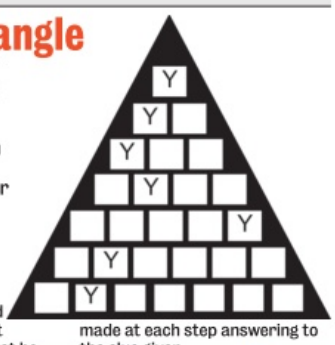
Differences: 1. Freezer handle is longer. 2. Counter is wider. 3. Box is missing. 4. Pot handle is missing. 5. Sleeve is different. 6. Shirt button is missing.

Riddler

You can hold me, But I am nearly weightless. I can't run, But you can always catch me. I can be taken away, But it's ok, you can get me back. What am I?

Alpha triangle

1 Second last letter
2 Old fashioned you
3 Up to now
4 Category
5 Religious devotion
6 Fool's gold
7 Pertaining to fever

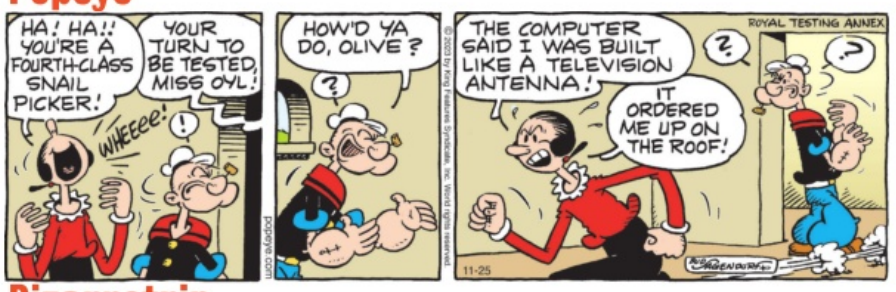


Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS

Popeye

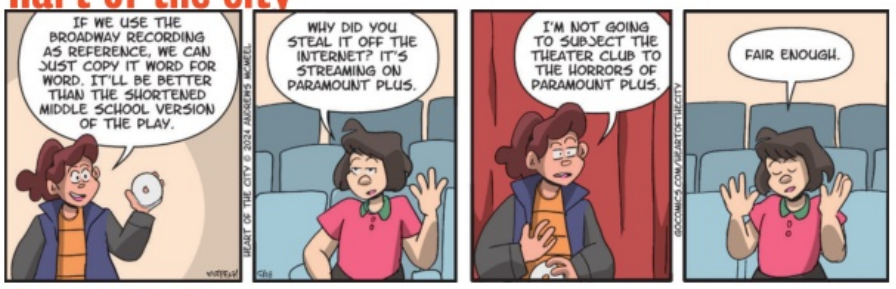

HA! HA!! YOU'RE A FOURTH-CLASS SNAIL PICKER!
YOUR TURN TO BE TESTED, MISS OYL!
WHEEEE!
HOW'D YA DO, OLIVE?
THE COMPUTER SAID I WAS BUILT LIKE A TELEVISION ANTENNA!
IT ORDERED ME UP ON THE ROOF!
ROYAL TESTING ANNEX
11-25

Bizarrotrip

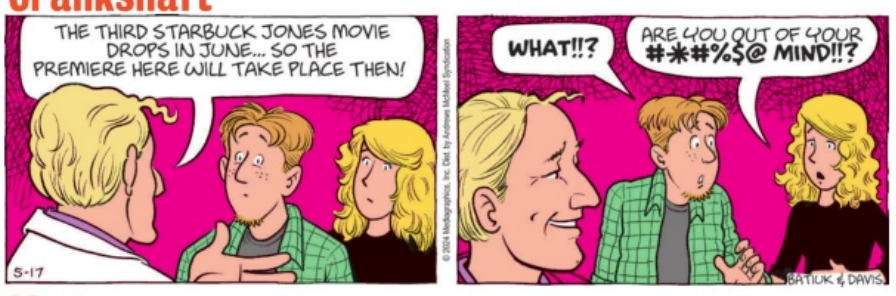
Wayno & 3 Piroks
5-17-24
The Pope wants us to cover his duties and is extending his leave until further notice.
PONTIFF NO RETURN

Diamond Lil

Hart of the city


IF WE USE THE BROADWAY RECORDING AS REFERENCE, WE CAN JUST COPY IT WORD FOR WORD. IT'LL BE BETTER THAN THE SHORTENED MIDDLE SCHOOL VERSION OF THE PLAY.
WHY DID YOU STEAL IT OFF THE INTERNET? IT'S STREAMING ON PARAMOUNT PLUS.
I'M NOT GOING TO SUBJECT THE THEATER CLUB TO THE HORRORS OF PARAMOUNT PLUS.
FAIR ENOUGH.
HEART OF THE CITY © 2024 ANDREWS MCMEEL
@OCOMICS.COM/HEARTOFTHECITY

Crankshaft


THE THIRD STARBUCK JONES MOVIE DROPS IN JUNE... SO THE PREMIERE HERE WILL TAKE PLACE THEN!
WHAT!!?
ARE YOU OUT OF YOUR #*#%$@ MIND!!?
5-17
BATIUK & DAVIS

Mutts

YOU AND I DON'T NEED SCHOOL, EARL. THE REAL WORLD IS OUR CLASSROOM!
Do You THINK You've LEARNED MUCH, MOOCH?
...WELL...
I'VE PLAYED A LOT OF HOOKY.
mutts.com
5-17

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today you are blessed by Jupiter, and that may give you confidence. You may be able to take important decisions confidently. You are decisive, so you may grab an opportunity without a second thought. You may likely spend money on family and friends. Love birds may enjoy their happy moments. Job aspirants may likely get a suitable job with the help of friends.

Leo Jul 24 – Aug 23
Today you are blessed by the moon, hence a good day for you. You have good vitality. You may enjoy work. You may enjoy romantic moments with your spouse, which may improve domestic harmony. You are likely to make new plans to start some new project. Your perfection may help you design the flow chart. Job seekers will find a suitable job. Love birds are advised to avoid discussions on worthless topics.

Sagittarius Nov 23 – Dec 22
Today situation is under control, so you may feel better. You may plan for overseas travel. Your network may help you in the work front. Some increase in domestic harmony may happen. You may be more creative, and you may bring some artefacts or creative stuff for family or office. You may also plan to watch movies or other entertainment with friends or family.

Taurus Apr 21 – May 20
Today you may have a dull feeling. You may not enjoy your day. You may be a victim of arrogance. It may affect both your professional and domestic life. You may internally feel a lack of confidence, which may stop you from doing something creative at work.

Virgo Aug 24 – Sep 23
Today you may be disappointed. You are advised to control your arrogance, otherwise you may face some losses. Love birds should be careful in discussion otherwise, relations may be affected.

Capricorn Dec 23 – Jan 20
At the start of the week, you will expect financial gains and you will make a balance between your earnings and expenses, which will boost your bank balance. You will likely perform better in your job. Your boss will give you new responsibilities in terms of promotions. You will get back your money from your lenders. You will be able to control your opponents and hidden enemies. Health would be better now

Gemini May 21 – Jun 21
Today you may feel energetic. You may perform efficiently at work, your hard work may pay you now, which may boost your confidence. Property related disputes with the siblings are likely to be resolved now. Your meeting with some influential person may boost your network.

Libra Sep 24 – Oct 22
Today, there may be peace of mind. You may plan to invest some capital in the business, which may increase liquidity into your business. Your earnings may boost your financial health. You may enjoy romantic moments with your spouse, which may enhance harmony in family life. Singles may likely find suitable matches. Love birds may take decisions to get married. Students will be blessed by good karma.

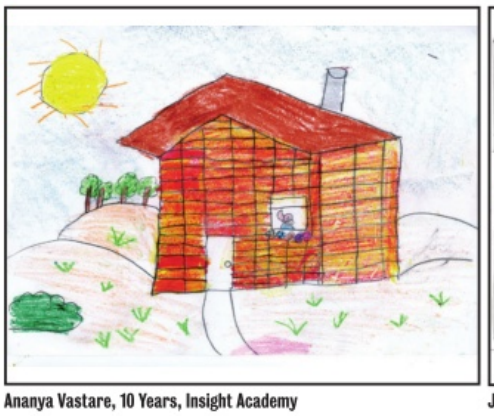
Aquarius Jan 21 – Feb 19
Today you may plan to renovate the house. You may buy some stuff to decorate your house to maintain your social status. There is likely to be some harmony with the spouse. It creates harmony in the domestic life. Disputes with friends, co-workers and partners may settle down. You may get good news in terms of litigation.

Cancer Jun 22 – July 23
Today you are blessed by the moon, which may make you happy. You are likely to get a big order with the help of your communication skills. You are polite with the people around you. You may take some difficult decisions in the business with the help of your colleagues.

Scorpio Oct 23 – Nov 22
Today you may be very happy, your losses may convert into profits. Your seniors may appreciate your work. You may likely have some changes into your place, position or responsibilities at work, in terms of promotions. Your opponents and hidden enemies may be under control now. Singles and love birds may take important decisions in terms of marriage with the help of relatives or friends.

Pisces Feb 20 – Mar 20
Today you are blessed by a positive moon. You may feel healthy, old health issues may be cured now. The amount, which was stuck somewhere, may likely be recovered now. You may also apply for a loan for buying some stuff related to luxury.

KIDZONE



Ananya Vastare, 10 Years, Insight Academy

Janani N Tarakesh, 9 Years, Cluny Convent High School

Kidzone, Bangalore Mirror, No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru-560 011;
Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M
$A(N)=((N+1)^{(N+1)})^{(N+1)}$
$(6^6)^6$
6^46656

BULL'S EYE
about, abut, back, boat, bout, buck, OUTBACK, tuba

FAST FIVE

G	R	O	S	S
L	A	C	E	Y
I	N	U	R	N
T	E	L	I	C
Z	E	I	N	S

STRIKE OUT

S	U	M	M	E	D	U	P	D	R	A	B	A		
E	A	T	N	A	C	R	E	A						
L	I	V	E	R	A	I	L	A	F	A	R			
E	I	E	O	S	K	I	Y							
S	A	S	H	I	N	U	E	N	D	O				
C	K	S	A	E	O	N								
O	R	I	S	E	V	A	D	E						
B	R	O	E	H	E	R								
E	N	L	A	R	G	E	S	A	N	S	I			
A	L	B	S	R	Z	A	D							
C	L	E	O	K	O	H	I	N	O	O	R			
O	R	U	B	I	N	N	M	I						
N	E	S	T	P	S	Y	C	H	I	C	S			

QUICK

R	U	M	I	N	A	T	E	D						
A	O	T	S	T	R									
C	O	O	P	E	R	A	T	I	V	E				
O	C	R	N	H										
A	V	E	S	T	A	B	O	U	N	T	Y			
M	V	R	E	O	O									
H	E	R	V	I	A	R	I	P						
E	O	V	E	R	C	O	M	E	S	L				
R	H	O	A	R	L	E	S	T						
E	H	S	R	L	A	V	O	U	T	F				
V	L	B	C	B	B	A	A							
E	L	A	P	S	E	H	U	S	H	E	D			
A	O	T	S	T	R									
C	O	O	P	E	R	A	T	I	V	E				
O	C	R	N	H										
A	V	E	S	T	A	B	O	U	N	T	Y			
M	V	R	E	O	O									
H	E	R	V	I	A	R	I	P						
E	O	V	E	R	C	O	M	E	S	L				
R	H	O	A	R	L	E	S	T						

MENSA PUZZLE
scratch my back

RIDDLER
Your breath

QUOTE UNCODE
Action is consolatory. It is the enemy of thought and the friend of flattering illusions.

SUDOKU

6	1	5	4	2	7	8	3	9
8	7	9	3	1	5	2	6	4
3	4	2	9	6	8	5	1	7
1	2	6	7	3	9	4	8	5
9	5	8	2	4	1	3	7	6
7	3	4	5	8	6	1	9	2
5	6	3	8	7	4	9	2	1
2	9	1	6	5	3	7	4	8
4	8	7	1	9	2	6	5	3

ALPHA TRIANGLE
Y, Ya, Yet, Type, Piety, Pyrite, Pyretic.

GO FIGURE
Easy
4 + 5 − 5 + 4 = 8
Medium
4 × 2 + 9 − 4 = 13
Hard
3 + 4 + 9 − 7 = 9

LOOP

KAKURO

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Who's the rowdy? — Star Vijay Deverakonda's parents lovingly nicknamed him Rowdy, which also happens to be the name of his clothing brand titled RWDY

Like mother like daughter

Palak looks to her mother Shweta for guidance in her career

Palak Tiwari made a significant impact with her debut in the music video 'Bijlee Bijlee' and later transitioned into acting with Salman Khan's film 'Kisi Ka Bhai Kisi Ki Jaan'. Despite her individual efforts and talent, Palak often turns to her mother, Shweta Tiwari, for guidance and support in her career. Shweta, a well-known television star, has been a strong influence in Palak's life, especially when it comes to navigating the entertainment industry.

Shweta, in a conversation with News18, shared that her daughter Palak often seeks her advice when preparing for auditions. Whenever Palak receives a script, she turns to her mother for tips on how to deliver the lines effectively. The actress describes herself as a tough critic of her daughter Palak's work but acknowledges Palak's dedication and hard work. Palak values her mother's opinion greatly, even though she makes her own decisions. Often, Palak creates multiple takes—sometimes five or six—and asks Shweta to choose the best one to send forward.

Spilling the beans on Palak's spending habits, Shweta recalled that during her own busy shooting days, she hardly had time to spend her earnings, jokingly added, "Back then, my husband was there to handle the spending" (laughs). However, Palak is quite the opposite—she loves indulging in luxuries. She has a fondness for branded bags and clothes. — **ETimes**

SANDALWOOD SHOTS

Y MAHESWARA REDDY

All excited

Chinthan Kambanna debuts as an actor and producer in Sandalwood with Prakarana Tanikha Hantadallide. The film's title track, released a few days ago, already has one lakh views.

"I am very happy with the response to the title track. Prior to this, the motion poster also received good response. I am playing one of the heroes and also bankrolling the movie. I had basic training in acting at Navarasa Natana Academy. It made it easy for me to face the camera," said Chinthan.

Chinthan, an engineer, has been associated with theater and met director Sundar S at Ravindra Kalakshetra. "Both of performed in the play – Shivayogi Siddarama. I came to know that Sundar has a script. Initially, we thought of making a short film but later decided to make a feature film," Chinthan said.

The movie's shooting was held in Bengaluru and Kanakapura for 12 days and the movie is scheduled to arrive in theaters in the second week of September. "It is a crime thriller that will keep audiences engaged," he said, adding that more than 30 artistes have acted in the movie.

Trailer unveiled

Suman Suvarna, who graduated from being an associate director to an independent director in Sandalwood, is very happy about the success of the trailer of his maiden movie Kaljiga. The director unveiled the trailer at Bharath Cinemas theater in Mangaluru by inviting around 500 people. Suman has worked as associate director for Girgit and Circus.

"I am excited about the tremendous encouragement from the people who attended the trailer launch. We had a plan to release the movie in the second week of September, but they want me to release the movie in a few days," said Suman.

He said the movie revolves around traditions and cultures of Mangaluru and surrounding areas. "The movie is about an honest person who is compelled to stray from the right path," he said.

Prominent personalities of Mangaluru including MLA Vedavyasa Kamath and former minister Ramanath Rai, Puttur MLA Ashok Rai, Tulu actor Devada Kapikad, and theater artist Vijayakumar Kodiyalbail and others attended the function. Arjun Kapikad plays the lead while Sushmita Bhat is paired opposite him.

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